

SEIZURE ACTION PLAN

Student
Photo

School _____

THIS STUDENT IS BEING TREATED FOR A SEIZURE DISORDER. THE INFORMATION BELOW SHOULD ASSIST YOU IF A SEIZURE OCCURS DURING SCHOOL HOURS.

Student _____ Birthdate _____ Grade/Rm. _____

EMERGENCY CONTACTS

Name	Relationship	Telephone number
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____

Treating Physician _____ Tel _____

Significant Medical History _____

Allergies _____

Triggers or warning signs _____

SEIZURE EMERGENCY PROTOCOL

A "seizure emergency" for this student is defined as: Start Date _____ End Date _____

- ☐ Seizure lasting > _____ minutes
- ☐ _____ or more Seizures in _____ hour(s)
- ☐ Other _____

SEIZURE EMERGENCY PROTOCOL: (CHECK ALL THAT APPLY AND CLARIFY BELOW)

- ☐ CONTACT NURSE/CLINIC STAFF AT _____
- ☐ Call 911 for transport to _____
- ☐ Notify parent or emergency contact
- ☐ Notify doctor
- ☐ Administer emergency medications as indicated below
- ☐ Other _____

TREATMENT PROTOCOL DURING SCHOOL HOURS: (include daily and emergency medications)

Daily Medication	Dosage & Time of Day Given	Common Side Effects & Special Instructions

Emergency Medication/ Instructions: _____

Call 911 if

- ☐ Seizure does not stop within _____ minutes of giving Emergency medication
- ☐ Child does not start waking up within _____ minutes after seizure stops (NO Emergency medication given)
- ☐ Child does not start waking up within _____ minutes after seizure stops (AFTER Emergency medication is given)
- ☐ Seizure does not stop by itself or with VNS (Vagal Nerve Stimulator) within _____ minutes

Following a seizure

- ☐ Child should rest in clinic.
- ☐ Child may return to class (specify time frame _____)
- ☐ Notify parent immediately.
- ☐ Send a copy of the seizure record home with child for parents.
- ☐ Notify physician.
- ☐ Other

Seizure Information - Student may experience some or all of the listed symptoms during a specific seizure.

<i>Seizure Type(s)</i>	<i>Description</i>	
☐ Absence	• Staring • Eye blinking	• Loss of awareness • Other _____
☐ Simple partial	• Remains conscious • Distorted sense of smell, hearing, sight	• Involuntary rhythmic jerking/twitching on one side • Other _____
☐ Complex partial	• Confusion • Not fully responsive/unresponsive	• May appear fearful • Purposeless, repetitive movements • Other _____
☐ Generalized tonic-clonic	• Convulsions • Stiffening • Breathing may be shallow	• Lips or skin may have blush color • Unconsciousness • Confusion, weariness, or belligerence when seizure ends • Other _____
☐ Myoclonic	• Quick muscle jerks	• Sudden unprotected limb or body jerks
☐ Atonic	• Sudden head drop	• Sudden collapse of body to ground
☐ Non-Seizure Psychogenic Events	Description:	

Seizure usually lasts _____ minutes and returns to baseline in _____ minutes.

Triggers or warning signs _____

Call parents under the following circumstances

1. _____
2. _____

Basic Seizure First Aid
• Stay calm & track time • Keep child safe • Do not restrain • Do not put anything in mouth • Stay with child until fully conscious • Record seizure in log
For tonic-clonic (grand mal) seizure:
• Protect head • Keep airway open/watch breathing • Turn child on side

A Seizure is generally considered an EMERGENCY when
• A convulsive (tonic-clonic) seizure lasts longer than 5 minutes • Student has repeated seizures without regaining consciousness • Student sustains a head injury during episode • Student has a first-time seizure • Student is injured or has diabetes • Student has blue/grey color change • Student has breathing difficulties • Student has a seizure in water

Special Considerations and Safety Precautions (regarding school activities, sports, trips, etc.)**Signatures**

Parent/Guardian Signature

Physician Signature

Date

Date



 Reviewed by Dr. Carly Wilbur